

# Discipline Beginnings

*This article is a handout that accompanies Sally's audio and video message "Discipline Beginnings" and is based on the chapter "Discipline to Deliver: Overview and Mild Measures", from Sally's book Parenting Your Infant/Toddler by the Spirit. For a fuller picture of what Sally shares in brevity here, we encourage you to study these materials.*

## Discipline overview in the first year

The first year of life is the time to nurture, and direct the infant's character—shape his thoughts and feelings ... mold/emotions/responses. Provide a predictable and pleasant home. Develop trust in the infant and teach him that there is a time for everything and everything should be done in its time. He learns that if he has a problem, Mother or Father will figure it out and fix it. When negative or fleshly emotions come up, we help our infant learn to respond properly under God through instruction, prayer, distraction, and modeling the right responses. This is calling forth **Discipline of** self-denial, self-control in infant. Providing fair parental government makes God real—as He truly is—to our children.

### 1<sup>st</sup> Year ... Overview 0-1

Discipline is ... 1<sup>st</sup> Us Becoming pliable in Potter's hand  
It's Finding control my emot thro Christ  
Discipline is ... teaching and training my infant/toddler to do same  
Discipline is ... being calm and redirect wron = Parent to be mind/will infant  
Discipline is ... molding/directing the tho/feel/emotions **after God**  
Discipline is ... restraining tho/feel/responses **after flesh/Satan**  
Discipline is ... Instructing them what they should do think/feel/respond  
Discipline is ... connecting them to God ... being Consistent

### Year 1 ... Overview 1-2

Discipline is ... maintaining regularity ... time for everything/in its time  
Discipline is ... molding/directing his emotions to be under God's control  
Discipline is ... restraining wrong tho/feel/responses while I'm in Christ  
Discipline is ... taking them to Christ ... connecting them to God  
Discipline is ... gaining wisdom from God ... Need Parenting Pyramid  
Discipline is ... subduing all the child's passions and tempers  
Discipline is **not** ... punishing / hurting child for misconduct

## Year 2 ... Overview 2-3

Discipline is ... directing the increase understanding of child to God's way  
Discipline is ... education not only knowledge but ... the choice of will  
Discipline is ... challenging misconceptions ... instructions ... like Aaron  
Discipline is ... seeing to it they do what they know is right  
Discipline is ... enlarged by evaluating who is in charge ... God/par or self  
Discipline is ... giving mild consequ to motivate a decision for right  
Discipline is ... giving firmer consequ to motiv dec/right when mild 0  
Discipline is ... remaining in self-control ... under God ... myself  
Discipline is ... developing good attitudes towards work/play in toddler

## Year 3 ... Overview 3-4

Discipline is ... Disciple(ing) my child to Christ  
Discipline is ... training them to make wise decisions for right/against wrong  
Discipline is ... training them to habits of self-control  
Discipline is ... giving the child nothing for which he cries  
Discipline is ... subduing all the child's passions and tempers  
Discipline is ... learning to say "yes" to God thus "no" to self  
Discipline is ... yielding my will to God ... God is in charge of me  
Discipline is ... evaluating who is in charge here God or the child  
Discipline is ... allowing no wrong habit to go uncorrected  
Discipline is ... giving mild consequences to motivate a decision for right  
Discipline is ... using firmer measures when mild measures don't work

## Year 4 ... Overview 4-5

Discipline is to continue all of the above under God's direction  
Increasing in efficiency, skill, and true hearted surrender → Happy Home  
Work ethics and skill increases ... time use to help is major part of play  
When you react wrongly in anger or frustration ...  
Evaluate why I respond the way I do? ... what should I do instead of  
Gain God's wisdom/power thro union and communion with Him!  
Keep ever looking up from whence cometh your Help!

*By Sally Hohnberger*

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